



WINDSOR SCHOOL
October 2019
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Philly Cheese Steak on a Whole Wheat Hero, Broccoli, Tossed Salad, Fresh Fruit, Juice & Chocolate Milk	2 Grilled Cheese on Whole Wheat Bread, Baked Tater Tots, Tossed Salad, Fresh Fruit, Juice & Milk 	3 Italian Hero on a Whole Wheat Roll, Super Salad, Corn, Fresh Fruit, Juice & Chocolate Milk 	4 Level III  PLAIN & PEPPERONI PIZZA Chef's Choice
7 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit, Juice & Milk 	8 Scrambled Eggs and Cheese on Whole Wheat Bread, Tater Tots, Corn Super Salad, Fresh Fruit, Juice & Chocolate Milk	9 Hot Dog on a Whole Wheat Bun, Baked Tater Tots, Super Salad, Fresh Fruit, Juice & Milk	10 Cheeseburger on a Whole Wheat Bun, Tater Tots, Super Salad, Mixed Vegetables, Fresh Fruit, Juice & Chocolate Milk	11 SCHOOL CLOSED STAFF DEVELOPMENT DAY 
14 Chicken Parmesan On a Whole Wheat Roll, Tossed Salad, Fresh Fruit, Juice & Milk 	15 Chicken Nuggets & Baked Tater Tots, Corn, Super Salad, Fresh Fruit, Juice & Chocolate Milk	16 Philly Cheese Steak on a Whole Wheat Hero, Broccoli, Tossed Salad, Fresh Fruit, Juice & Milk	17 Ziti and Meatballs, Peas, Super Salad, Fresh Fruit, Juice & Chocolate Milk 	18 Level III  PLAIN & PEPPERONI PIZZA Chef's Choice
21 Macaroni & Cheese, Tossed Salad, Applesauce, Fresh Fruit, Juice & Milk 	22 Grilled Cheese on Whole Wheat Bread, Baked Tater Tots, Super Salad, Fresh Fruit, Juice & Chocolate Milk	23 Meatball Parmesan On a Whole Wheat Roll, Tossed Salad, Fresh Fruit, Juice & Milk 	24 Cheeseburger on a Whole Wheat Bun, Tater Tots, Super Salad, Mixed Vegetables, Fresh Fruit, Juice & Chocolate Milk	25 Hot Dog on a Whole Wheat Bun, Baked Tater Tots, Tossed Salad, Fresh Fruit, Juice & Milk
28 Ziti and Meatballs, Peas, Tossed Salad, Fresh Fruit, Juice & Milk 	29 Grilled Chicken over Yellow Rice with Green Beans, Super Salad, Fresh Fruit, Juice & Chocolate Milk	30 Macaroni & Cheese, Tossed Salad, Applesauce, Fresh Fruit, Juice & Milk	31 Italian Hero on a Whole Wheat Roll, Super Salad, Corn, Fresh Fruit, Juice & Chocolate Milk 	














SUPER SALAD: Romaine & Iceberg Lettuce, Tomatoes, Carrots, Red & Green Peppers, Red Cabbage and Garbanzo Beans

Breakfast Menu

Assorted Breakfast Cereals, Juice and Milk Offered Daily
 Low fat Milk is Available Daily at Breakfast and Lunch

This institution is an equal opportunity provider -
 Click www.ascr.usda.gov/complaint_filing_cust.html for more info

WINDSOR SCHOOL
October 2019
Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Assorted Breakfast Cereals Juice Milk	2 Assorted Breakfast Cereals Juice Milk 	3 Assorted Breakfast Cereals Juice Milk	4 Assorted Breakfast Cereals Juice Milk 
7 Assorted Breakfast Cereals Juice Milk 	8 Assorted Breakfast Cereals Juice Milk	9 Assorted Breakfast Cereals Juice Milk 	10 Assorted Breakfast Cereals Juice Milk	11 SCHOOL CLOSED STAFF DEVELOPMENT DAY 
14 Assorted Breakfast Cereals Juice Milk	15 Assorted Breakfast Cereals Juice Milk 	16 Assorted Breakfast Cereals Juice Milk	17 Assorted Breakfast Cereals Juice Milk	18 Assorted Breakfast Cereals Juice Milk
21 Assorted Breakfast Cereals Juice Milk 	22 Assorted Breakfast Cereals Juice Milk	23 Assorted Breakfast Cereals Juice Milk 	24 Assorted Breakfast Cereals Juice Milk	25 Assorted Breakfast Cereals Juice Milk 
28 Assorted Breakfast Cereals Juice Milk	29 Assorted Breakfast Cereals Juice Milk 	30 Assorted Breakfast Cereals Juice Milk	31 Assorted Breakfast Cereals Juice Milk 	

Low Fat Milk is Available Daily

Tuesday and Thursday Chocolate Milk