

WINDSOR SCHOOL

October 2020

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hot Dog on a Whole Wheat Bun, Baked Tater Tots, Super Salad, Fresh Fruit, Juice & Chocolate Milk	2 Italian Hero on a Whole Wheat Roll, Super Salad, Corn, Fresh Fruit, Juice & Milk
5 Chicken Nuggets & Baked Tater Tots, Corn, Tossed Salad, Fresh Fruit, Juice & Milk	6 Macaroni & Cheese, Tossed Salad, Applesauce, Fresh Fruit, Juice & Chocolate Milk	7 Grilled Chicken over Yellow Rice with Green Beans, Tossed Salad, Fresh Fruit, Juice & Milk	8 Level III  PIZZA Chef's Choice	9 SCHOOL CLOSED STAFF DEVELOPMENT DAY 
12 Philly Cheese Steak on a Whole Wheat Hero, Broccoli, Super Salad, Fresh Fruit, Juice & Milk	13 Cheese Ravioli with Meatballs, Super Salad, Fresh Fruit, Juice & Chocolate Milk 	14 Italian Hero on a Whole Wheat Roll, Tossed Salad, Corn, Fresh Fruit, Juice & Milk	15 Cheeseburger on a Whole Wheat Bun, Tater Tots, Super Salad, Mixed Vegetables, Fresh Fruit, Juice & Chocolate Milk	16 Chicken Parmesan On a Whole Wheat Roll, Tossed Salad, Fresh Fruit, Juice & Milk
19 Ziti and Meatballs, Peas, Tossed Salad, Fresh Fruit, Juice & Milk 	20 Hot Dog on a Whole Wheat Bun, Baked Tater Tots, Super Salad, Fresh Fruit, Juice & Chocolate Milk	21 Meatball Parmesan On a Whole Wheat Roll, Tossed Salad, Fresh Fruit, Juice & Milk	22 Macaroni & Cheese, Tossed Salad, Applesauce, Fresh Fruit, Juice & Milk	23 Level III  PIZZA Chef's Choice
26 Grilled Chicken over Yellow Rice with Green Beans, Tossed Salad, Fresh Fruit, Juice & Milk	27 Cheeseburger on a Whole Wheat Bun, Tater Tots, Super Salad, Mixed Vegetables, Fresh Fruit, Juice & Chocolate Milk	28 Philly Cheese Steak on a Whole Wheat Hero, Broccoli, Super Salad, Fresh Fruit, Juice & Milk	29 Cheese Ravioli with Meatballs, Super Salad, Fresh Fruit, Juice & Chocolate Milk	30 Italian Hero on a Whole Wheat Roll, Tossed Salad, Corn, Fresh Fruit, Juice & Milk 

SUPER SALAD: Romaine and Iceberg Lettuce Tomatoes, Carrots, Red & Green Peppers, Red Cabbage and Garbanzo Beans












Breakfast Menu

Assorted Breakfast Cereals, Juice and Milk Offered Daily

Low fat Milk is Available Daily at Breakfast and Lunch

This institution is an equal opportunity provider - Click www.ascr.usda.gov/complaint_filing_cust.html for more info

WINDSOR SCHOOL
October 2020
Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Assorted Breakfast Cereals Juice Milk	2 Assorted Breakfast Cereals Juice Milk 
5 Assorted Breakfast Cereals Juice Milk	6 Assorted Breakfast Cereals Juice Milk 	7 Assorted Breakfast Cereals Juice Milk	8 Assorted Breakfast Cereals Juice Milk	9 SCHOOL CLOSED STAFF DEVELOPMENT DAY 
12 Assorted Breakfast Cereals Juice Milk	13 Assorted Breakfast Cereals Juice Milk	14 Assorted Breakfast Cereals Juice Milk 	15 Assorted Breakfast Cereals Juice Milk	16 Assorted Breakfast Cereals Juice Milk
19 Assorted Breakfast Cereals Juice Milk 	20 Assorted Breakfast Cereals Juice Milk	21 Assorted Breakfast Cereals Juice Milk	22 Assorted Breakfast Cereals Juice Milk	23 Assorted Breakfast Cereals Juice Milk 
26 Assorted Breakfast Cereals Juice Milk	27 Assorted Breakfast Cereals Juice Milk 	28 Assorted Breakfast Cereals Juice Milk	29 Assorted Breakfast Cereals Juice Milk 	30 Assorted Breakfast Cereals Juice Milk 

Low Fat Milk is Available Daily

Tuesday and Thursday Chocolate Milk